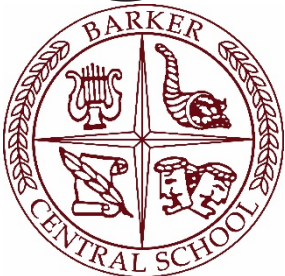


To be a leader in bringing out the best in each individual in our community

# Community Education

Fall 2022 Community Education Program



## BCS COMMUNITY EDUCATION PROGRAM

**Fall 2021 Classes  
Begin September 26<sup>th</sup>  
End November 22<sup>nd</sup>  
No classes: 10/10**

*Ongoing registrations will be honored unless class has been canceled. Please register early to ensure that classes are not canceled due to low enrollment.*

### Special Programs

**AARP SMART DRIVER      H. S. Cafeteria      Tuesday, October 18<sup>th</sup> & Wednesday, October 19<sup>th</sup>, 6 - 9 PM**

The AARP Smart Driver™ Course includes a focus on areas where drivers could benefit from additional training. This program is beneficial for all ages! A minimum of 15 people are required to hold this class. Participants must attend both evenings to qualify for discounts. Participants of the course will qualify for a discount on their automobile insurance. Participants will also qualify for a 3-point reduction on their driver's license for any points previously accrued for moving violations. Check with your insurance provider for specifics.

**Instructor: George Laskey      Cost: \$25 AARP Members/\$30 Non-Members      2 Classes**

**Checks made payable to: AARP – NOT to BCS      Write AARP member # in memo**

### Regular Classes

**ANTIQUA AUTO RESTORATION      Room 161      Tuesdays, 4 - 6 PM**

Come and explore the various techniques used to accomplish sheet metal work, welding, painting, cleaning and other tasks necessary to restore antique automobiles. No formal instruction given. There will be a charge for all materials used. **LAB FEE: Participants** will be charged for, and will be responsible for all supplies used in course.

**Instructor: Tom Mallon      \$30.00 (Seniors \$15.00)      8 weeks**

**BASKETBALL      HS Gym      Mondays and Wednesdays, 7 - 9 PM**

**No Class 10/10**

Competitive basketball for the recent and not-so-recent player. A congenial atmosphere is maintained to ensure that all participants have an enjoyable evening. No instruction will be provided. **NO STUDENTS.**

**MUST BE REGISTERED TO PARTICIPATE.**

**Instructor: Jared Morgan      \$40.00 (Seniors \$20.00)      8 weeks**

**BEGINNER KNITTING      Room 183      Tuesdays, 6 - 8 PM**

Learn the creative and fun activity of knitting! Each week will focus on a different topic, including tools, stitches, patterns and history. You will need to bring a pair of single-point knitting needles and a skein of yarn (any size will do for this first practice session). We will discuss additional materials you will need to buy for a specific project that you will make during the remainder of classes.

**Instructor: Karen Davis      \$30.00 (Seniors \$15.00)      8 weeks**

**BODY SCULPTING      Elem. Gym      Tuesdays and Thursdays, 7:30 - 8:30 PM**

This fast-paced class will help you strengthen, tone and shape your body. Following the interval training concept, low impact movements are alternated with weight-bearing exercises to challenge and meet your fitness goals. You will need a mat and weights. Trisha is a certified and experienced fitness instructor.

**Instructor: Trisha Mathison      \$40.00 (Seniors \$20.00)      8 weeks**

**CERAMICS FOR BEGINNERS**

Room 183

Thursdays, 6 - 8 PM  
Classes 10/6, 10/20, 11/3, & 11/17

Create functional and decorative pieces with a variety of hand-building techniques. Class is for beginners. No experience is necessary. There is a \$20 lab fee for materials.

Instructor: Krista Beth Feltz

\$20.00 (Seniors \$10.00)

4 weeks

**GREETING CARDS CLASS**

Room 183

Wednesdays, 6 - 8 PM  
Classes: 10/5, 10/19, 11/2, & 11/16

Do you enjoy stamping, coloring and scrapbooking but don't have the time to do large projects? Come join us and make greeting cards! Each week we will demonstrate cards using stamping, coloring with Copic markers, water color, embossing and more. We provide all of the materials to make 5 complete cards with envelopes. You will need to bring a tape/dot runner with refills or a bottle of liquid glue. Dot runners may be purchased at Walmart or any large craft store. Lab Fee - \$12 per class.

Instructors: Mary Kersch

\$14.00 (Seniors \$7.00)

4 weeks

**HALL WALKING**Mondays – Thursdays, 6 - 8 PM  
No Class 10/10

What better way to exercise than walking! Come walk with us in the halls of Barker Central School. Please wear comfortable clothing and good, comfortable walking shoes or sneakers. You may bring a water bottle, or water fountains are available. This exercise is designed for all ages and levels. Coat hooks are available by room 161 near the art rooms with the skylights.

No Instructor

Free

8 weeks

**STRETCH AND TONE YOUR BODY**

Elementary Gym

Tuesdays and Thursdays, 6:30 - 7:30 PM

This class is for everyone - men and women! Do you want to feel better, get active and have fun too? Come join Trisha for this class that focuses on stretching, joint movement, flexibility, and strength training. All exercises are done standing or sitting in a chair. There is no exercising on the floor. We have a good time socializing and exercising. Trish is a certified fitness instructor.

Instructor: Trisha Mathison

\$40.00 (Seniors \$20.00)

8 weeks

**VOLLEYBALL**

H.S. Gym

Tuesdays &amp; Thursdays, 7 - 9 PM

Mixed volleyball for all skill level players. A pleasant environment is maintained to insure that all participants have an enjoyable evening.

**NO STUDENTS**

Instructor: Jared Morgan

\$40.00 (Seniors \$20.00)

8 weeks

**WATER AEROBICS**

Pool

Mondays and Wednesdays, 5:30 - 6:30 PM  
No Class 10/10

This water aerobics class will instruct participants through very low impact aerobic exercise that encourages cardiovascular fitness. Come firm and tone those muscles through water resistance workouts using rhythmic exercises put to music for you. Instructors are certified lifeguards. All workouts will be in the shallow end of the pool and the class size is limited to 30 participants.

Instructor: Beth VeRost and Heidi Dergel

\$40.00 (Seniors \$20.00)

8 weeks

**ZUMBA**

Elementary Gym

Mondays and Wednesdays, 6 - 7 PM  
No Class 10/10

The most awesome workout ever! Dance to great music, with great people, and burn a ton of calories without even realizing it. We take "work" out of workout. The ultimate dance-fitness party will groove you into shape. No experience or partner needed. All fitness levels welcome. Wear comfortable clothes, sneakers and bring a water bottle. Melissa is a LICENSED Zumba® instructor.

Instructor: Melissa Durfey

\$40.00 (Seniors \$20.00)

8 weeks

## Important Community Education Information

- **Doctor's Certificate of Health:** A physical examination is suggested prior to participating in physical fitness classes.
- **Eligibility:** In general, district residents and non-residents who are 18 years of age or older may enroll. High school students may enroll in any course with instructor approval and parental permission, and the understanding that no credit toward graduation will be granted.
- **Senior Citizens:** Senior Citizens, residents ages 55 and older, will be provided admission at 50% of the regular fee to all school-sponsored events if they present a Barker Central School District Senior Citizen Card. Non-residents will be required to pay the full admission fee. Registration forms must be submitted. Proof of age is required. In order to take advantage of senior citizen fee discount for courses and some special events, you need a Barker Central School Senior Citizen Card. You may receive this card by coming to the Barker Central School Superintendent's office and registering.
- **Registration:** Mail registration. Early registration protects against having to cancel due to insufficient registration. Please avoid disappointment by enrolling early. Registrants can assume they are officially registered unless notified and should begin attending classes on the scheduled starting date.
- **Is Class Canceled?** Whenever school is closed during the day due to inclement weather, no classes will be held that evening. Listen to local radio stations WBEN-AM 930 or WLVL-AM 1340 or TV Channels 2, 4 or 7 for school closings. If inclement weather begins later in the day, listen to local radio stations for announcements. Whenever possible, we will utilize the Blackboard Connect system to notify registered students in the event of a cancellation as noted above. Please be sure to provide a valid phone number for this purpose. Do not call the school. When a class cannot be held due to an illness or for other reasons, it is the instructor's responsibility to see that class members are notified. Canceled classes will be rescheduled by the instructor.
- **Material Cost:** Additional fees will be charged in classes where textbooks or materials are used. These are to be paid by the second session.
- **Refunds:** Total refunds will be made only if a class is canceled or filled. Transfer of tuition to another course can be arranged where size of class permits. No transfers after second class meeting. No refunds after classes begin.
- **No Smoking:** Barker Central School is a non-smoking facility.

# B.C.S. Community Education Registration Form

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

EMAIL: (For updated information and materials) \_\_\_\_\_

COURSES: \_\_\_\_\_ COST: \_\_\_\_\_

\_\_\_\_\_ COST: \_\_\_\_\_

\_\_\_\_\_ COST: \_\_\_\_\_

\*Check here if you are a District senior citizen.

You are eligible for a 50% discount if you are 55 years or older with a B.C.S. Senior Citizen card.

## Instructions:

1. Completely fill out one form for each person.
2. Registration must accompany payment.
3. Registrations will be accepted in order of postmark.
4. Please include your phone numbers to facilitate contacting you if necessary.
5. No refunds issued after classes begin.
6. You can assume your registration has been accepted unless you are notified otherwise.
7. Make checks payable to: **Barker Central School Community Education** unless otherwise noted, and indicate the name of the course or courses on your check.

**PLEASE DO NOT SEND CASH.**

8. Mail to:

Director of Community Education  
Barker Central School District  
1628 Quaker Road  
Barker, NY 14012

## Questions?

Please contact,  
Coordinator of Community Education:  
**716-795-3110**  
**Mary Eadie**  
Please check the  
District/Community section of the  
Barker Central website  
[www.barkercsd.net](http://www.barkercsd.net)  
for a complete updated schedule.

**Looking for new classes!**  
Would you like to teach, or share your  
hobby?  
Be a teacher for Community  
Education once or twice a week!